2 Monday Oct 7	Tuesday Oct 8	Wednesday Oct 9	Thursday Oct 10	Friday Oct 11	Saturday Oct 12	Sunday Oct 13
7:00 a.m. Breakfast	Breakfast	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	Breakfast	<u>Breakfast</u>
*Hot or Cold Cereal	*Hot or Cold Cereal	*Hot or Cold Cereal	*Hot or Cold Cereal	*Hot or Cold Cereal	*Hot or Cold Cereal	*Hot or Cold Cereal
*Juice of Choice	*Juice of Choice	*Juice of Choice	*Juice of Choice	*Juice of Choice	*Juice of Choice	*Juice of Choice
Pancakes	Cheese Omelet	Poached Eggs	Breakfast Casserole	Western Omelet	*Hard Boiled Egg	Scrambled Eggs
Bacon	*Hash browns	Bacon	Sausage	Bacon	*Toast	Bacon
*Scone	Sausage	*Muffin	*Donut	*Pastry	Sausage	*Muffin
Margarine/Syrup	*Cinnamon Roll	Margarine	Margarine	Margarine/Syrup	*Danish	Toast/Margarine
*Fresh Fruit	Margarine	*Fresh Fruit	*Fresh Fruit	*Fresh Fruit	Margarine/Jelly	*Fresh Fruit
*Milk	*Fresh Fruit	*Milk	*Milk	*Milk	*Fresh Fruit	_ *Milk
Beverages	*Milk	Beverages	Beverages	Beverages	*Milk	Beverages
	Beverages				Beverages	
42.00 Noon Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
12:00 Noon Lunch Grilled Hamburger	Beef Tips with	Pork Ribeye	Baked Fish	Baked Mostaccoli	Pork Roast	Fried Chicken
Potato Salad	Mushrooms and Gravy		Baked Sweet Potato	Garlic Bread	Baked Sweet Potato	Mashed Potatoes w/Gravy
Vegetables w/ dip	Rice	Peas	Roasted Cauliflower	Olive Garden Salad	Green Beans	Broccoli
Black Forest Cake	Peach Pie	Cantaloupe	Strawberry Shortcake	Banana Split Dessert	Bread Pudding	Strawberry Rhubarb Pie
Bread & Margarine	Dinner Roll	*Bread and Margarine	Bread & Margarine	Beverages/milk	Bread/margarine	Bread/Margarine
Beverages/Milk	Beverage/milk	Beverages/Milk	Beverages/Milk	Cold Cart	Beverage/milk	*Beverage/Milk
Cold Cart	Cold cart	Cold Cart	Cold Cart		Cold Cart	Cold Cart
5:00 p.m. Dinner	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>
*Fish Sticks	New England Clam Chowder		Rueben Sliders	Beef Pot Pie	*Pork Burgers on Bun	Broccoli Cheese Soup Roast beef Sandwich
*Oven roasted Potatoes		*Cottage cheese salad		Salad	*Macaroni & Cheese Tomatoes/Onion slices	
Carrots	Crackers	*Chips and Dip Brownie	*Baked Beans	Grilled Pineapple	Mixed Fruit	Beets Salad
*Mandarin Oranges	*Slaw		Apricots	Bread/Margarine Beverages/Milk	Margarine	Crackers
Beverages/Milk Cold Cart	*Pudding	Beverages/Milk Cold Cart	Beverages/Milk Cold Cart	Cold Cart	Beverages/Milk	Pistachio Dessert
Cold Cart	Beverages/Milk Cold Cart	COIG Cart	Colu Cart	oold Gall	Cold Cart	Beverage/milk
	Cold Cart				Cold Cart	Cold Cart
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1*Monday Sept 30	Tuesday Oct 1	Wednesday Oct 2	Thursday Oct 3	Friday Oct 4 Breakfast	Saturday Oct 5 Breakfast	Sunday Oct 6 Breakfast
7:00 a.m. Breakfast	Breakfast	Breakfast	Breakfast	*Juice	*Juice	*Juice
*Juice	*Juice	*Juice	*Juice		*Hot or Cold Cereal	*Hot or Cold Cereal
*Hot or Cold Cereal	*Hot or Cold Cereal	*Hot or Cold Cereal	*Hot or Cold Cereal	*Hot or Cold Cereal		
*Pancake	Ham Omelet	Sausage Hash brown		*French Toast	Bacon	**Bacon Omelet
Sausage	Fried Potatoes	Casserole	Bacon	Sausage Patties	Scrambled Eggs	*Hash brown
*Scones	Coffee Cake	Biscuits	*Donuts	Jelly/Syrup	*Danish	*Toast
Margarine	Beverage/Milk	Margarine/Syrup	Margarine/Jelly	Beverage/Milk	Beverage/Milk	Margarine
Jelly	*Fresh Fruit	Beverage/Milk	Beverage/Milk	*Fresh Fruit	*Fresh Fruit	*Fresh Fruit
*Fresh Fruit		*Fresh Fruit	*Fresh Fruit			Beverage/Milk
Beverage/Milk						
•	Happy Bday Hazel Emery!		Happy Bday Jon P!		Happy Bday Helen C!	
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	<u>Lunch</u>
Orange Chicken	Pot Roast	Chili Mac	Fried Chicken	*Fish Sandwich	Pizza	Mountain Top Chicken
Rice	Mashed Potatoes/Gravy	*Corn bread	Loaded Baked Potatoes	*Cucumber Salad	Tossed Salad	Buttered Noodles
Stir-Fry Vegetables	Green Beans with	Coleslaw	Carrots	*Oven Fried Potatoes	Banana Cream Pie	Mixed Vegetables
Fruit Cup	Bacon and Onion	Apple Dumplings	Chocolate Cake	*Ice Cream	Bread/Margarine	Spice Cake with
Beverage/Milk	Baked bread		Beverage/Milk	Beverage/Milk	Beverage/Milk	Cream Cheese Frosting
Cold Cart	Cherry Pie	Beverage/Milk	Cold Cart	Cold Cart	Cold Cart	Cold Cart
oola ourt	Beverage/Milk	Cold Cart				Beverage/Milk
	Cold Cart	00.00				
	Cold Gait					
5:00 p.m. Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Fried Bologna Sandwich		*Chicken Tenders	BBQ Pulled Pork	Turkey Pot Pie	Hamburger Soup	Tuna Salad
Baked Beans	Grilled Cheese	Broccoli Salad	Sandwich	Apple Harvest Salad	Ham Sandwich	or Deli Sandwich
Chips and Dip	Crackers	Seasoned Fries	Macaroni Salad	Dinner Roll	Beets	Vegetables and Dip
*Asst Cookies	Salad	*Cake	California Blend Veggies	Magic Cookie Bar	Mandarin Oranges	Chips
Margarine	*Pudding	Beverage/Milk	Jell-O w/ fruit	Beverage/Milk	Beverage/Milk	Pears
	Beverage/Milk	Cold Cart	Beverage/Milk	Cold Cart	Cold Cart	Beverage/Milk
Beverage/Milk Cold Cart	Cold Cart	Cold Call	Cold Cart	Join Cart	COIG Cart	Cold Cart
Cold Cart	Cold Cart		Cold Cart			Join Jair