

# Village Neighbors

**VOLUME 5 ISSUE 8** 

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Please join us for our monthly resident meeting, that is held the third Tuesday of each month. This months meeting will be held on January 18th at 9:00 a.m. in the dining room. This is an opportunity to ask questions and give suggestions to management. We look forward to seeing you there!

#### VILLAGE HAPPENINGS

Non-denominational Church Services are held every Saturday morning at 10:00 a.m.. in the Dining Room. The Catholic Mass will be held the first Thursday of each month at 10:00 a.m. The rosary is held the first Wednesday of each month at 10:30 a.m. Both are held in the lobby.

### A Winter Celebration January 9th at 1:30 a.m.

Sunday afternoon, January 9th at 1:30 p.m. the Clever Clover 4-H Club will be providing refreshments and entertainment in the dining room for the residents. The Clever Clover 4-H club has been coming for the last 4 years around the Holidays to entertain us.

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### Blood Pressure Screening January 17th at 2:00 p.m.

VNA Tip will be here on Monday, January 17th at 2:00 p.m. for our monthly blood pressure screening. Any resident that would like to have their blood pressure taken we ask that you join us in the dining room. It is also open to the public so if any of your family members or friends would like to come they are more than welcome to join us.

### **December Resident Meeting**

At our December resident meeting the residents discussed how they enjoyed the Christmas outing on December 3rd. The lights were beautiful but the residents would like to try a different restaurant for dinner. Also we had two ladies from Macoupin County Public Health Department come and speak about a program they are promoting its called, "Take Charge of Your Health: Live Well, Be Well." It is a six week program that will last about two and half hours on Wednesday afternoons starting January 19th at 1:30 p.m. in the dining room. The public will be invited to attend so ask your friends and loved ones to come and participate.

### JUST TALK

Phone Scam Alert

Phone scams are usually directed at our Senior Citizens, but the truth is anyone is susceptible to phone scams. Scam artists will devise a highly believable story to solicit information from their victims. That's why it is important to never give out any personal information over the phone if you are not the one who initiated the call even if that person claims to be a law enforcement official or someone from you financial institution. Some scams are auto warranties, prize distribution centers, offers to lower your interest rates, fake bank alert messages, bogus fund-raising operations, a lawyer calling and say a loved one is in jail, get rich schemes, you have won the sweepstakes and many more ways to scam you and to get your money. If you receive a call like this please call a loved one or notify Shannon, Paula or Linda so we can call the proper authorities.

Christmas Appreciation for the Staff

All of the staff want to thank the residents and their families for their thoughtfulness for the candy and gifts. It is greatly appreciated.

Flu Season

The Flu Season is here and we would like to give you some helpful tips for prevention.

Yearly flu shot

Use good hand washing

**Drink plenty of fluids** 

Get plenty of fresh air

There is still time to get a flu shot. Ask Shannon or Paula and they will make arrangements for you.



The Village at Morse Farm...
"where neighbors become friends
& friends become family."